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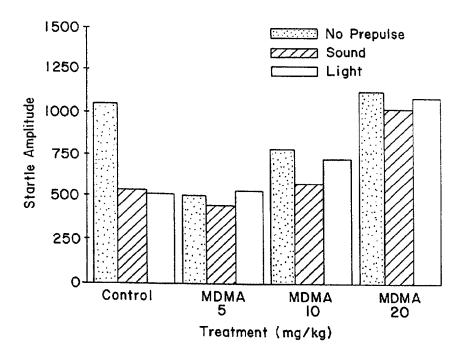
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(54) Title: TREATMENT OF OBSESSIVE-COMPULSIVE DISORDERS WITH 5-HT2 ANTAGONISTS



(57) Abstract

The present invention is directed to 5-HT<sub>2</sub> antagonists and their use as agents in the treatment of obsessive-compulsive disorders (OCD). The invention is particularly directed to the compound (+)-a-2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol which is a member of a class of 5-HT<sub>2</sub> antagonists known as N-aralkyl piperidinemethanol derivatives which are potent and selective inhibitors of the binding of serotonin at the 5-HT<sub>2</sub> receptor site.

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## TREATMENT OF OBSESSIVE-COMPULSIVE DISORDERS WITH 5-HT2 ANTAGONISTS

The present invention is directed to the use of 5-HT<sub>2</sub> l5 antagonists as agents in the treatment of obsessive-compulsive disorders (OCD).

### BACKGROUND OF THE INVENTION

Clinical studies of 5-HT subtype-selective agonists or antagonists have suggested a role of 5-HT in the etiology and treatment of such different neuropsychiatric disorders as the anxiety disorders, depression, alcoholism, schizophrenia, migraine, sexual dysfunctions and Alzheimer's disease (see Murphy, D., Neuropsychiatric Disorders and the Multiple Human Brain Serotonin Receptor Subtypes and Subsystems,

Neuropsychopharmacology, 3, No.5/6, pp. 457-471 (1990).

Pharmacological and clinical data suggest that 5-HT and in particular 5-HT2 receptors may play a role in schizophrenic symptomology and in the mechanism of action of some antipsychotic drugs.

A phenomenon known as prepulse inhibition (PPI) is known to be disrupted in individuals with schizophrenia. PPI is a 35 measure of "sensory gating" or "sensory filtering" in animals and man and disrupted PPI may represent a fundamental deficit in the ability of these individuals to gate sensory information. Studies have shown that the

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amplitude of the startle reflex is inhibited when the startling stimulus is preceded 30-500 msec by a weak "prepulse". This "prepulse inhibition" (PPI) is a measure of sensorimotor gating that is impaired in disorders characterized by deficient gating of irrelevant sensory information (schizophrenia) or motor activity (Huntington's Disease). Substantial evidence indicates that PPI is modulated by neural circuitry linking the limbic cortex, striatum and pallidum.

It has recently been demonstrated that patients with obsessive-compulsive disorders (OCD) also fail to inhibit or "gate" intrusive, distressing thoughts or images. Since OCD 15 is characterized by deficient "cognitive gating" and by aberrant metabolic activity in circuitry linking the orbital cortex and striatum, it has been predicted that OCD patients might exhibit deficient PPI. Indeed, in a study of eleven OCD patients and 13 normal controls, it was demonstrated 20 that OCD patients exhibited less PPI than control subjects. Swerdlow, N.R., Benbow, C.H., Zisook, S., Geyer, M.A., and Braff, D.L., Impaired Sensorimotor Gating in Obsessive Compulsive Disorder (OCD), abstract from the Abstracts of Panels and Posters, p. 155, American College of Neuropsychopharmacology 25 31st Annual Meeting, San Juan, Puerto Rico, December 14-18, 1992. These findings suggest that the inability to "gate" intrusive thoughts and images in OCD is accompanied by quantifiable deficits in sensorimotor gating and suggests PPI might be a useful measure for understanding the 30 pathophysiology of OCD. Currently, serotonin-selective reuptake inhibitors (SSRI) are used to treat the symptoms of OCD. However, we are not aware of any data, other than such data as is presented herein, that indicates that SSRIs reverse the deficits in PPI in OCD.

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#### SUMMARY OF THE INVENTION

We have found that pharmacological agents that increase serotonergic activity (i.e. 5-HT releasing agents such as fenfluramine) disrupt sound-induced PPI in rats. This suggests a model for studying the restoration of PPI in subjects where PPI has been disrupted by such agents. We now show that the (+)-isomer of α-(2,3-dimethoxyphenyl)-1-[2-(4-10 fluorophenyl)ethyl]-4-piperidinemethanol, a serotonin 5-HT2 antagonist which possesses superior invivo potency, is active in a model of sensory-motor gating (prepulse inhibition) disrupted by 5-HT2 receptor activation and restores sound-induced PPI that is disrupted by fenfluramine. This compound can be described by the following formula I:

CHOH - 
$$N-(CH_2)_2$$
 FORMULA I

This is the first known instance that we are aware of where it has been demonstrated that a  $5-\mathrm{HT_2}$  antagonist can restore disrupted prepulse inhibition. We have also shown that  $(+)-\alpha-(2,3-\mathrm{dimethoxyphenyl})-1-[2-(4-\mathrm{fluorophenyl})\mathrm{ethyl}]-4-\mathrm{piperidinemethanol}$  specifically restores sound-disrupted prepulse inhibition and not light-disrupted prepulse inhibition which may have further implications for the treatment of OCD. This activity demonstrates that the  $5-\mathrm{HT_2}$  antagonist  $\alpha-(2,3-\mathrm{dimethoxyphenyl})-1-[2-(4-\mathrm{fluorophenyl})\mathrm{ethyl}]-4-\mathrm{piperidinemethanol}$  would be useful in the treatment of OCD disorders and suggests that  $5-\mathrm{HT_2}$  antagonists in general would be useful for this purpose.

The compound,  $\alpha-(2,3-\text{dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})\text{ethyl}]-4-\text{piperidinemethanol}$ , belongs to a class of compounds known as N-aralkyl piperidinemethanol derivatives which are potent and selective inhibitors of the

binding of serotonin at the  $5-{\rm HT}_2$  receptor site. These compounds are represented by formula II:

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$$R R1 Formula II R$$

wherein n is 2, 3 or 4 and each R and R¹ independently
10 represents hydrogen, C¹-6 alkyl, halogen, trifluoromethyl,
hydroxy, C¹-6 alkoxy, or amino, their optical isomers and
mixtures thereof and the pharmaceutically acceptable salts
thereof. These N-aralkyl piperidinemethanol derivatives as
well as the processes for their preparation are described in
15 detail in U.S. Patent Nos. 4,783,471, 4,912,117, and
5,169,096 incorporated herein by reference.

## BRIEF DESCRIPTION OF THE DRAWINGS

Figures la-ld demonstrate that  $(+)-\alpha-(2,3-dimethoxyphenyl)-l-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol (MDL) reverses deficits in sensorimotor gating (prepulse inhibition) produced by 5-HT<sub>2</sub> receptor activation.$ 

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Figure la shows the 5-HT/DA releaser MDMA (3,4-mehtylenedioxymethamphetamine) blocks prepulse inhibition in rats, using either a sound or light prepulse.

Figure 1b shows that MDL, but not haloperidol, reduces the MDMA blockade of sound prepulse inhibition.

Figure 1c shows that MDL, but not haloperidol, reduces the MDMA blockade of light prepulse inhibition.

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Figure 1d shows that MDL, but not haloperidol, reduces the blockade of sound prepulse inhibition by fenfluramine, a more selective 5-HT releaser.

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Figure le shows that MDL, but not haloperidol, reduces the blockade of light prepulse inhibition by fenfluramine, a 5 more selective 5-HT releaser.

Figure 1f shows that MDL, but not haloperidol, reduces the blockade of sound prepulse inhibition by DOI (1,4-bromo-2,5-dimethoxyphenyl-2-aminopropane), a  $5-\mathrm{HT}_2$  agonist.

Figure 1g shows that MDL, but not haloperidol, reduces the blockade of light prepulse inhibition by DOI (1,4-bromo-2,5-dimethoxyphenyl-2-aminopropane), a  $5-{\rm HT}_2$  agonist.

## 15 <u>DETAILED DESCRIPTION OF THE INVENTION</u>

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The compound  $(+)-\alpha-(2,3-\text{dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})\text{ethyl}]-4-\text{piperidinemethanol}$  is a potent and selective antagonist of  $5-\text{HT}_2$  receptors. The  $5-\text{HT}_2$  antagonist 20 activity of  $(+)-\alpha-(2,3-\text{dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})\text{ethyl}]-4-\text{piperidinemethanol}$  is demonstrated and described in detail in U.S. Patent No. 5,134,149 which is incorporated herein by reference.

We have now evaluated its activity in a model of sensory-motor gating (prepulse inhibition) disrupted by 5-HT2 receptor activation. Prepulse inhibition is a phenomenon of sensory gating that is disrupted in schizophrenics and in animals given psychotomimetic agents such as amphetamine and 9CP. In rats, prepulse inhibition is disrupted by 5-HT releasing agents or specific 5-HT2 agonists, and these effects were attenuated by (+)- $\alpha$ -(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol (MDL), as described below.

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#### PREPULSE INHIBITION (PPI)

#### Test Procedure:

5 After an approximate pretreatment time, rats were placed in the startle chambers for a 5-minute acclimation period. This was followed by 10 minutes testing: 10 trials with an auditory prepulse; 10 trials with a visual prepulse and 10 trials with no prepulse, presented in the same pseudorandom order. The intertrial interval of approximately 20 seconds resulted in a session length of about fifteen minutes, including the five minute acclimation period. PPI was operationally defined as a significant decrease of startle amplitude within a group, following prepulses, compared to its own amplitude in the no prepulse condition.

#### Stimulus Parameters

The startle eliciting stimulus was a 40 msec of white noise at a sound pressure level of 120 dB. The auditory prepulse 20 stimulus was a 20 msec, 78 dB burst of white noise presented 100 msec prior to eliciting stimulus against a constant 64 dB background of white noise. These parameters were selected to be very similar to those used in most of the studies reviewed in Geyer, M. A., Swerdlow, N. R., Mansbach, R. S., and Braff, D., Startle models of sensorimotor gating and habituation deficits in schizophrenia. Brain Research Bulletin, 25, 485-498 (1990).

#### Cross-modal Prepulse Inhibition

- 30 Cross-modal prepulse inhibition by a light-stimulus was included to determine if the reported prepulse effects were limited to the single modality of sound. This visual prepulse was created by turning on three incandescent bulbs in the animal chamber (one mounted on the ceiling and one
- 35 mounted at each end of the test chamber) 75 msec prior to the onset of the startle stimulus. This visual stimulus produced no humanly perceptible or electronically measurable sound, even when the rather loud 65 dB white masking noise

was turned off. The estimated rise time of the light prepulse to a peak of about 175 lux was approximately 25 msec. The resultant interval between peak intensity and 5 startle stimulus corresponds rather well to the 50 msec interstimulus interval (ISI) reported in the literature to be optimal for visual prepulses. Hoffman, H.S., & Ison, J. R., Reflex modification in the domain of startle: I. Some empirical findings and their implications for how the nervous system processes sensory input.

10 <u>Psychological Review</u>, 87 (2), 175-189 (1980). The dim, red background illumination in the chambers averaged, 2 lux.

#### **Drugs**

MDMA (3,4-methylenedioxymethamphetamine), fenfluramine and (+)DOI (1,4-bromo-2,5-dimethoxyphenyl-2-aminopropane) were dissolved in purified, deionized water and administered intraperitoneally at a dose volume of 1 ml/kg. Equivalent amounts of vehicle (VEH) were used for sham injections. All drugs were given 20 minutes prior to testing.

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#### **Apparatus**

An apparatus consisting of eight separate stabilimeters measured the amplitude of startle reflexes elicited by acoustic stimulation. See Kehne, J, H., McCloskey, T. C., Taylor, V. L., Black, C. K., Fadayel, G. M. and Schmidt, C. J., Effects of the Serotonin Releasers 3,4-Methylenedioxymethamphetamine (MDMA), 4-Chloroamphetamine (PCA) and Fenfluramine on Acoustic and Tactile Startle Reflexes in Rats, The Journal of Pharmacology and Experimental Therapeutics, 260 (1), pp. 78-89 (1992) for a detailed discussion. Movement of the platform against a transducer produced a voltage proportional to displacement and is reported as arbitrary units from 0 to 4,095. Each stabilimeter was housed in a ventilated, sound-attenuating

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### Data Signal Calibration

Output of the transducers was calibrated by use of an audio speaker (Radio Shack #40-1021A woofer) with a weighted cone

chamber illuminated by dim, red-filtered light.

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mounted on a jig that was clamped to the platform in the test cage. This delivered a 10 Hz sine wave signal the same frequency as the startle response in the animal. The average output of all chambers was approximately equal. Due to the fact that an equal number of animals in each group was tested in each chamber, exact equalization of outputs was deemed unnecessary.

The results from the administration of the drugs in the test procedure described above are summarized in TABLE I presented below. The results of Table I show that MDL attenuates the reduction of prepulse inhibition to sound produced by agents which directly (DOI) or indirectly (MDMA,

15 fenfluramine) stimulate 5-HT<sub>2</sub> receptors. Figures la-lg, below, also demonstate that MDL reverses deficits in sensorimotor gating (prepulse inhibition) produced by 5-HT<sub>2</sub> receptor activation. (The results in Figures la-g also demonstrate that haloperidol, a typical antipsychotic, does 20 not reverse such deficits in prepulse inhibition).

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TABLE I PREPULSE INHIBITION TEST RESULTS

| 5   |                         |                     |       |       |                 |     | ,               |     |
|-----|-------------------------|---------------------|-------|-------|-----------------|-----|-----------------|-----|
| J   | Treatment               | No<br>Pre-<br>pulse | Sound | Light | Change<br>Sound | Sem | Change<br>Light | Sem |
|     | VEH+VEH                 | 1546                | 942   | 743   | 602             | 78  | 803             | 103 |
| 10  | VEH+<br>20 MDMA         | 1404                | 1240  | 1310  | 164             | 60  | 94              | 56  |
|     | 2 MDL<br>+ VEH          | 1357                | 683   | 704   | 674             | 70  | 653             | 100 |
|     | 2 MDL<br>+20MDMA        | 1018                | 585   | 873   | 433             | 72  | 145             | 66  |
| 15  |                         |                     |       |       |                 |     |                 |     |
|     | VEH+VEH                 | 1149                | 831   | 819   | 318             | 57  | 330             | 61  |
|     | VEH+<br>5FENFLURAMINE   | 496                 | 418   | 426   | 78              | 42  | 70              | 57  |
| 20  | 2MDL<br>+VEH            | 909                 | 431   | 568   | 478             | 47  | 341             | 72  |
|     | 2 MDL+<br>5FENFLURAMINE | 831                 | 340   | 763   | 491             | 72  | 68              | 44  |
|     |                         |                     |       |       |                 |     |                 |     |
|     | VEH+VEH                 | 1218                | 723   | 737   | 495             | 73  | 481             | 72  |
| 25  | VEH+2 DOI               | 887                 | 854   | 494   | 33              | 82  | 393             | 68  |
| 2.5 | 2 MDL<br>+VEH           | 1234                | 557   | 754   | 677             | 73  | 480             | 83  |
|     | 2 MDL<br>+2 DOI         | 837                 | 372   | 435   | 465             | 114 | 402             | 102 |

The inhibition of prepulse inhibition was also tested using the compound 2,3-dihydro-N-methyl-1-[4- (trifluoromethyl)phenoxy]-lH-indene-2-methanamine (MDL 2), a selective 5HT uptake blocker.

|    | Treatment                 | No<br>Pre-<br>pulse | Sound | Light | Change<br>Sound | Sem | Change<br>Light | Sem |
|----|---------------------------|---------------------|-------|-------|-----------------|-----|-----------------|-----|
| 5  | VEH+VEH                   | 1117                | 576   | 681   | 541             | 57  | 436             | 96  |
|    | VEH+<br>5FENFLURAMINE     | 678                 | 559   | 633   | 119             | 55  | 46              | 60  |
|    | 5MDL 2<br>+VEH            | 1293                | 819   | 841   | 474             | 62  | 452             | 83  |
| 10 | 5MDL 2 +<br>5FENFLURAMINE | 767                 | 385   | 386   | 382             | 64  | 381             | 77  |

The (+)-isomer of  $\alpha$ -(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol can be prepared by methods known in the art as discussed in European Application No. 0 208 235. One suitable method is disclosed below in Reaction Scheme I:

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In Step A of Reaction Scheme I, an esterification reaction is carried out between racemic  $\alpha-(2,3-$  dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4- piperidinemethanol (structure 1) and the (+)-isomer of  $\alpha-$  methoxyphenylacetic acid (structure 2). This esterification

produces the diastereomeric mixture identified as structure 3. These diastereomers are subjected to silica gel chromatography which separates the two diastereomers, 5 thereby isolating the (+,+) diastereomer as is depicted in Step B. In Step C, the (+,+) diastereomer is hydrolysed which produces the (+)-isomer of  $\alpha$ -(2,3-dimethoxyphenyl)-l-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol.

The esterification reaction can be carried out using techniques known in the art. Typically approximately equivalent amounts of racemic α-(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol and the (+)-isomer of α-methoxyphenylacetic acid are contacted in an organic solvent such as methylene chloride, THF, chloroform, toluene and heated to reflux for a period of time ranging from 5 to 24 hours. The esterification is typically carried out in the presence of an equivalent amount of dicyclohexylcarbodiimide and a catalytic amount of 4-20 dimethylaminopyridine. The resulting diastereomers can be isolated by filtration of the dicyclohexylurea and evaporation of the filtrate.

The diastereomers are then subjected to silica gel

25 chromatograpy which separates the (+,+) and the (-,+)
diastereomers. This chromatagraphic separation may be
carried out as is known in the art. A 1:1 mixture of hexane
and ethyl acetate is one suitable eluent.

The resulting (+,+) diastereomer is then subjected to a hydrolysis reaction which produces the (+)-isomer of  $\alpha$ -(2,3-dimethoxyphenyl)-l-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol. The hydrolysis is carried out by contacting the diastereomer with an excess of a base such as potassium carbonate in an aqueous alcoholic solution. The hydrolysis is carried out at a temperature of about 15 to 30°C for a period of time ranging from 2 to 24 hours. The resulting (+)-isomer of  $\alpha$ -(2,3-dimethoxyphenyl)-l-[2-(4-

fluorophenyl)ethyl]-4-piperidinemethanol may then be
recovered by dilution with water and extraction with
methylene chloride. It is then purified by
5 recrystallization from a solvent system such as
cyclohexane/hexane or ethyl acetate/hexane.

Methods for producing the starting materials of Reaction Scheme I are known in the art. For example, United States 10 Patent No. 4,783,471 teaches how to prepare racemic  $\alpha$ -(2,3dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol. This patent is hereby incorporated by reference. Examples No. 1 and 2 of this application also teach suitable methods. Alternatively, racemic  $\alpha$ -(2,3-dimethoxyphenyl)-l-15 [2-(4-fluorophenyl)ethyl]-4-piperidinemethanol can be prepared in the following manner. Initially 4hydroxypiperidine is subjected to an N-alkylation reaction with p-fluorophenylethyl bromide which produces 4-hydroxy-1-[2-(4-fluorophenyl)ethyl]-piperidine. This compound is 20 brominated with Ph3P.Br2 which produces 4-bromo-1-[2-(4fluorophenyl)ethyl]piperidine. This compound is contacted with Mg thereby forming a Grignard Reagent which is then reacted with 2,3-dimethoxybenzaldehyde which produces the desired product  $(\pm)-\alpha-(2,3-dimethoxyphenyl)-1-[2-(4-$ 25 fluorophenyl)ethyl]-4-piperidinemethanol. The (+)-isomer of  $\alpha$ -methoxyphenylacetic acid is known in the art.

The dosage range at which (+)-\alpha-(2,3-dimethoxyphenyl)-l-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol exhibits its ability to block the effects of serotonin at the 5HT2 receptor can vary depending upon the particular disease or condition being treated and its severity, the patient, other underlying disease states the patient is suffering from, and other medications that may be concurrently administered to the patient. Generally though, with respect to the treatment of OCD, this compound will exhibit its serotonin 5HT2 antagonist properties at a dosage range of from about 0.001 mg/kg of patient body weight/day to about 100.0 mg/kg

of patient body weight/day. The compound is typically administered from 1-4 times daily. Alternatively, it can be administered by continuous infusion. The compounds can be administered orally or parenterally to achieve these effects.

As used in this application:

- 10 a) the term "patient" refers to a warm-blooded animal, such as for example rats, mice, dogs, cats, guinea pigs, and primates such as humans;
- b) the term "treat" or "treatment" refers to either relieving or alleviating the patient's disease or condition;
  - c) the expression "pharmaceutically acceptable acid addition salts" is intended to apply to any non-toxic
- organic or inorganic acid addition salt of the base compounds represented by Formula I or any of its intermediates. Illustrative inorganic acids which form suitable salts include hydrochloric, hydrobromic, sulfuric and phosphoric acid and acid metal salts such
- as sodium monohydrogen orthophosphate and potassium hydrogen sulfate. Illustrative organic acids which form suitable salts include the mono-, di- and tri-carboxylic acids. Illustrative of such acids are, for example, acetic, glycolic, lactic, pyruvic, malonic, succinic,
- glutaric, fumaric, malic, tartaric, citric, ascorbic, maleic, hydroxymaleic, benzoic, hydroxybenzoic, phenylacetic, cinnamic, salicyclic, 2-phenoxybenzoic, ptoluenesulfonic acid and sulfonic acids such as methanesulfonic acid and 2-hydroxyethanesulfonic acid.
- Either the mono- or di-acid salts can be formed, and such salts can exist in either a hydrated or substantially anhydrous form. In general, the acid addition salts of these compounds are soluble in water

and various hydrophilic organic solvents and which in comparison to their free base forms, generally demonstrate higher melting points; and,

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d) any reference to  $(+)-\alpha-(2,3-\text{dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})\text{ethyl}]-4-\text{piperidinemethanol should be construed as encompassing the free base of this compound or an acid addition salt of this compound.$ 

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The following Examples are being presented to further illustrate the invention. However, they should not be construed as limiting the invention in any manner.

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#### EXAMPLE 1

Example 1, Steps A-D, demonstrates the preparation of the starting material  $(\pm)-\alpha-(2,3-\text{dimethoxypheny1})-1-[2-(4-\text{fluoropheny1})\text{ethy1}]-4-piperidinemethanol according to structure I.$ 

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- A)  $\frac{1-[2-(4-\text{Fluorophenyl})\text{ethyl}]-4-\text{piperidine} \text{carboxamide}}{\text{A solution of isonipecotamide (10.9 g, 85.0 mmol), 2-(4-fluorophenyl)ethyl bromide (15.7 g, 77.3 mmol), and <math>\text{K}_2\text{CO}_3$
- fluorophenyl)ethyl bromide (15.7 g, 77.3 mmol), and  $K_2CO_3$  (2.3 g, 167 mmol) was prepared in DMF (280 mL) and stirred 25 under argon at 90-95°C overnight. The cooled solution was
- concentrated to a white oily solid. The solid was partitioned between water and CH<sub>2</sub>Cl<sub>2</sub>. The layers were separated and the aqueous layer was extracted with CH<sub>2</sub>Cl<sub>2</sub>. The combined organic layers were washed 2x with water, dried
- 30 (MgSO<sub>4</sub>), filtered, and evaporated to a oily solid. The solid was recrystallized from EtOAc to afford 1-[2-(4-fluorophenyl)ethyl]-4-piperidinecarboxamide as a white powder, m.p. 177-178°C (decomp.). Anal. Calcd for C<sub>14</sub>H<sub>19</sub>FN<sub>2</sub>O: C, 67.18; H, 7.65; N, 11.19. Found: C, 67.25; H, 35 7.67; N, 11.13.
  - B) 4-Cyano-1-[2-(4-fluorophenyl)ethyl]piperidine

To stirred phosphorus oxychloride (25 mL, 41.12 g, 268 mmol) and sodium chloride (5.1 g, 87.3 mmol) was added 1-[2-(4-fluorophenyl)ethyl]-4-piperidinecarboxamide (8.9 g, 35.6 mmol) portionwise. After complete addition, the solution was refluxed for 2 hours. The cooled solution was poured into dilute NH4OH to destroy the POCl3. The aqueous solution was cooled to 0°C, then extracted 2x with CH2Cl2. The combined organic layers were dried (MgSO4), filtered, and evaporated to afford 8.1 g of an oily solid. The solid was distilled, (b.p. 150°C, 0.1 mm Hg), to afford a clear, colorless oil that solidified. This material was crystallized from hexane to afford 4-cyano-1-[2-(4-fluorophenyl)ethyl]piperidine as white needles, m.p. 47-15 48°C. Anal. Calcd for C14H17FN2: C, 72.39; H, 7.38; N, 12.06. Found: C, 72.62; H, 7.49; N, 12.12.

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- C) 1-[2-(4-Fluorophenyl)ethyl]-4-piperidinecarboxaldehydeTo a stirred solution of 4-cyano-1-[2-(4-fluorophenyl)-20 ethyl]piperidine (1.00 g, 4.3 mmol) in THF (20 mL) under argon at 0°C was added DIBAL-H (4.6 mL of a 1.0 M solution in THF, 4.6 mmol) via syringe. After stirring overnight at room temperature, 10% aqueous HCl (25 mL) was added and the solution was stirred for 3 hours. The entire mixture was 25 then poured into 10% aqueous NaOH (50 mL), then extracted 2x with ether. The combined organic layers were washed with brine, dried (MgSO<sub>4</sub>), filtered, and evaporated to afford a pale yellow oil. The oil was chromatographed on silica gel , eluting with EtOAc. The appropriate fractions were 30 combined and evaporated to afford an oil. This oil was distilled (b.p. 166°C, 0.05 mm Hg) to afford 1-[2-(4fluorophenyl)ethyl]-4-piperidinecarboxaldehyde, obtained as a colorless oil. Anal. Calcd for C14H18FNO: C, 71.46; H, 7.71; N, 5.95. Found: C, 71.08, H, 7.81; N, 5.86.
  - D).  $(\pm)-\alpha-(2,3-\text{Dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})\text{ethyl}]-4-\text{piperidinemethanol}$

35

To a stirred solution of veratrole (0.93 g, 6.7 mmol) in THF (20 mL) under argon at 0°C was added n-BuLi (2.7 mL of a 2.5 M solution in hexane, 6.75 mmol). After stirring 2.5 h, 5 the solution was cooled to  $-78^{\circ}$ C and treated with 1-[2-(4fluorophenyl)ethyl]-4-piperidinecarboxaldehyde (1.30 g, 5.5 mmol) in THF (25 mL) via an addition funnel. The cooling bath was removed and the solution was allowed to stir for 2 hours. Water was added, the layers separated, and the 10 aqueous layer was extracted with EtOAc. The combined organic layers were washed with brine, dried (MgSO4), filtered, and chromatographed on silica gel, eluting with acetone. The appropriate fractions were combined and evaporated to afford a white solid. The solid was 15 recrystallized from hexane to afford racemic  $\alpha$ -(2,3dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4piperidinemethanol as shiny white needles, m.p. 126-127°C. Anal. Calcd for C<sub>22</sub>H<sub>28</sub>FNO<sub>3</sub>: C, 70.75; H, 7.56; N, 3.75. Found: C, 70.87; H, 7.65; N, 3.68.

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#### EXAMPLE 2

Example 2, Steps A-F, demonstrate an alternative manner of preparing  $(\pm)-\alpha-(2,3-\text{dimethoxyphenyl})-1-[2-(4-\text{fluorophenyl})-\text{ethyl}]-4-piperidinemethanol according to structure I.$ 

25

A) 1-(1,1-Dimethylethyl)-1,4-piperidinedicarboxylic acid
To isonipecotic acid (107.5 g, 832 mmol) stirred in 1N
NaOH (40 g NaOH in 900 mL H<sub>2</sub>O) and tert-butanol (1800 mL)
was added di-tert-butyl dicarbonate (200 g, 916 mmol) in
30 portions. After stirring overnight, the solution was
concentrated and the resulting water layer was acidified
with aqueous HCl. This acidic aqueous layer was extracted
3x with ether. The combined organic layers were washed with
water, brine, dried (MgSO<sub>4</sub>), filtered, and evaporated to a
35 white solid, which was recrystallized from EtOAc/hexane (300
mL/200 mL) to afford 1-(1,1-dimethylethyl)-1,4piperidinedicarboxylic acid as white needles, m.p. 147149°C.

25 cooled to

## B) 4-(N-Methoxy-N-methylcarboxamido)-l-piperidinecarboxylic acid 1,1-dimethylethyl ester

To a stirred solution of 1-(1,1-dimethylethyl)-1,4piperidinedicarboxylic acid (50.0 g, 218 mmol) in anhydrous
CH<sub>2</sub>Cl<sub>2</sub> (500 mL) under N<sub>2</sub> in a 2L flask was added 1,1'carbonyldiimidazole (38.9 g, 240 mmol) portionwise. After
stirring for 1 hour, N,O-dimethylhydroxylamine hydrochloride
(23.4 g, 240 mmol) was added in one portion. After stirring
overnight, the solution was washed twice with 1N HCl, twice
with saturated NaHCO<sub>3</sub>, once with brine, dried (MgSO<sub>4</sub>),
filtered, and evaporated to an oil. Distillation afforded
4-(N-methoxy-N-methylcarboxamido)-1-piperidinecarboxylic
acid 1,1-dimethylethyl ester as a clear oil, b.p. 120-140°C,
0.8 mm.

## C) <u>4-(2,3-Dimethoxybenzoyl)-l-piperidinecarboxylic acid</u> <u>1,1-dimethylethyl</u> ester

- n-Butyl lithium (14.5 mL of a 2.5 M solution in hexane, 36.3 mmol) was added via syringe to a stirred solution of veratrole (5.00 g, 36.2 mmol) in THF (50 mL, anhydrous) under argon at 0°C. The ice bath was removed and the mixture was allowed to stir for 90 minutes. The mixture was
  - -78°C and treated with 4-(N-methoxy-N-methylcarboxamido)-1piperidinecarboxylic acid 1,1-dimethylethyl ester (9.20 g,
    33.8 mmol) in THF (50 mL, anhydrous) via syringe. The
    cooling dry ice-acetone bath was removed and the mixture was
- 30 allowed to come to room temperature. After stirring for 3 hours, saturated aqueous NH<sub>4</sub>Cl was added and the mixture was allowed to stir overnight. The layers were separated and the aqueous layer was extracted with ether. The combined organic layers were washed with brine, dried (MgSO<sub>4</sub>),
- 35 filtered, and evaporated to afford an amber oil. The oil was chromatographed on silica gel, eluting with 20% EtOAc in hexane. The appropriate fractions were combined and evaporated to an amber oil. The oil was distilled to afford

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4-(2,3-dimethoxybenzoyl)-l-piperidinecarboxylic acid l,ldimethylethyl ester as a colorless oil.(b.p. 225-250°C, .05
mm). Anal. Calcd for C<sub>19</sub>H<sub>27</sub>NO<sub>5</sub>: C, 65.31; H, 7.79; N, 4.01.
5 Found: C, 65.04; H, 7.92; N, 4.11.

## D) 4-(2,3-Dimethoxyphenyl)-4-piperidinylmethanone

4-(2,3-Dimethoxybenzoyl)-l-piperidinecarboxylic acid l,l-dimethylethyl ester (7.75 g, 22.2 mmol) was dissolved in trifluoroacetic acid (50 mL, 650 mmol) and stirred for 45 minutes. The entire solution was poured into ether (900 mL) and allowed to stand overnight. Filtration yielded 4-(2,3-dimethoxyphenyl)-4-piperidinylmethanone trifluoroacetate as fine white needles, m.p. 123°C. Anal. Calcd for C14H19NO3·CF3CO2H: C, 52.89; H, 5.55; N, 3.86. Found: C, 52.77; H, 5.62; N, 3.82.

The resulting 4-(2,3-dimethoxyphenyl)-4-piperidinylmethanone trifluoroacetate was dissolved in water, treated
20 with NaOH (10% aqueous) until basic, and extracted three
times with dichloromethane. The combined organic layers
were washed with brine, dried (MgSO<sub>4</sub>), filtered, and
evaporated to afford 4-(2,3-dimethoxyphenyl)-4piperidinylmethanone as an oil.

25

# E) (2,3-Dimethoxyphenyl)[1-[2-(4-fluorophenyl)ethyl]-4-piperidinyl]methanone monohydrochloride

A solution of 4-(2,3-dimethoxyphenyl)-4-piperidinylmethanone (8.00 g, 32.1 mmol) and 2-(4-fluorophenyl)ethyl

30 bromide (6.52 g, 32.1 mmol) was prepared in DMF (90 mL),
treated with K<sub>2</sub>CO<sub>3</sub> (7.0 g, 50.7 mmol), then stirred and
heated at 80°C under argon overnight. The cooled solution
was poured into a partition of 2/1 EtOAc/toluene and water.
The layers were separated and the aqueous layer was

35 extracted with 2/1 EtOAc/toluene. The combined organic
layers were washed 2x with water, lx with brine, dried
(MgSO<sub>4</sub>), filtered, and evaporated to afford 11.0 g of an
oil. The oil was chromatographed on silica gel, eluting

with EtOAc. The appropriate fractions were combined, concentrated, dissolved in ethyl acetate and treated with HCl/ethyl acetate. (2,3-dimethoxyphenyl)[1-[2-(4-

5 fluorophenyl)ethyl]-4-piperidinyl]-methanone
monohydrochloride was obtained as a precipitate, m.p. 225227°C (decomp). Anal Calcd for C<sub>22</sub>H<sub>26</sub>FNO<sub>3</sub>·HCl: C, 64.78; H,
6.67; N, 3.43. Found: C, 64.44; H, 6.73; N, 3.41.

## 10 F) $(\pm)-\alpha-(2,3-Dimethoxyphenyl)-l-[2-(4-fluorophenyl)ethyl]-4-piperidinemethanol$

To a stirred solution of (2,3-dimethoxyphenyl)[1-[2-(4-fluorophenyl)ethyl]-4-piperidinyl]methanone (6.0 g, 16.2 mmol) in MeOH (100 mL) at 0°C was added NaBH4 (1240 mg, 32.8

- 15 mmol) in two portions, over a one hour period. After stirring overnight, the solution was concentrated to a solid. The solid was partitioned between water and ether. The layers were separated and the aqueous layer was extracted with ether. The combined organic layers were
- washed with brine, dried (MgSO<sub>4</sub>), filtered, and evaporated to a solid. The solid was chromatographed on silica gel, eluting with acetone. The appropriate fractions were combined and evaporated to afford a white solid. The solid was recrystallized from cyclohexane to afford  $(\pm)-\alpha-(2,3-$
- 25 dimethoxyphenyl)-l-[2-(4-fluorophenyl)-ethyl]-4piperidinemethanol as white needles, m.p. 126-127°C. Anal.
  Calcd for C<sub>22</sub>H<sub>28</sub>FNO<sub>3</sub>: C, 70.75; H, 7.56; N, 3.75. Found: C,
  70.86; H, 7.72; N, 3.93.

## 30 EXAMPLE 3

This example demonstrates the preparation of the compound of Formula I.

## Preparation of $(+)-\alpha-(2,3-Dimethoxyphenyl)-1-[2-(4-$

## 35 <u>fluorophenyl</u>)ethyl]-4-piperidinemethanol

### A) Preparation of diastereomers.

A solution of 3.90 g (10.4 mmol) of  $(\pm)-\alpha-(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4-piperidine-$ 

methanol, 1.74 g (10.4 mmol) of S-(+)- $\alpha$ -methoxyphenylacet acid, 2.15 g (10.4 mmol) of 1,3-dicyclohexylcarbodiimide 0.1 g of 4-dimethylaminopyridine in chloroform (75 ml) was: 5 refluxed for 17 hours, allowed to cool to room temperature and filtered. The filtrate was concentrated and chromatographed on a silica gel column eluting with ethyl acetate/hexane (1:1) to afford two diastereomers, Rf = 0.1and 0.2 (TLC EtOAc/hexane, 1:1). Intermediate fractions 10 were rechromatographed to give additional material. fractions with Rf = 0.2 were combined to give a single diastereomeric ester, (+,+)-(2,3-dimethoxyphenyl)[1-[2-(4-dimethoxyphenyl)]fluorophenyl)ethyl]-4-piperidinyl]methyl- $\alpha$ -methoxybenzeneacetate.

15

## Preparation of $(+)-\alpha-(2,3-Dimethoxyphenyl)-1-[2-(4$ fluorophenyl)ethyl]-4-piperidinemethanol

To a stirred solution of 0.97 g (1.9 mmol) of the above mentioned diastereomeric ester, Rf = 0.2, in 25 ml of 20 methanol was added 0.5 g (3.6 mmol) of potassium carbonate and 5.0 ml of water. After stirring 17 hours at room temperature the reaction mixture was diluted with water and extracted twice with methylene chloride. The combined extracts were washed with water, brine and dried over MgSO4. 25 After filtering, the filtrate was concentrated to an oil and crystallized from 40 ml of cyclohexane/hexane (1:1) to give  $(+)-\alpha-(2,3-dimethoxyphenyl)-1-[2-(4-fluorophenyl)ethyl]-4$ piperidinemethanol,

m.p.112-113°C,  $[\alpha]_{p}^{20} = +13.9^{\circ}$ .

30 In order to exhibit these therapeutic properties, the compounds need to be administered in a quantity sufficient to restore prepulse inhibition in a patient having OCD. dosage range at which these compounds exhibit this effect can vary widely depending upon the severity of the patient's disease, the patient, the particular compound being administered, the route of administration, and the presence of other under lying disease states within the patient, etc. Typically the compounds exhibit their therapeutic effect at

a dosage range of from about 0.1 mg/kg/day to about 500 mg/kg/day for any of the diseases or conditions listed above. Repetitive daily administration may be desirable and 5 will vary according to the conditions outlined above.

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The compounds of the present invention may be administered by a variety of routes. They are effective if administered orally. The compounds may also be administered parenterally (i.e. subcutaneously, intravenously, intramuscularly, intraperitoneally, or intrathecally).

Pharmaceutical compositions can be manufactured utilizing techniques known in the art. Typically a therapeutic amount of the compound will be admixed with a pharmaceutically acceptable carrier.

For oral administration, the compounds can be formulated into solid or liquid preparations such as capsules, pills, tablets, lozenges, melts, powders, suspensions, or emulsions. Solid unit dosage forms can be capsules of the ordinary gelatin type containing, for example, surfactants, lubricants and inert fillers such as lactose, sucrose, and cornstarch or they can be sustained release preparations.

25

In another embodiment, the compounds of Formula (I) can be tableted with conventional tablet bases such as lactose, sucrose, and cornstarch, in combination with binders, such as acacia, cornstarch, or gelatin, disintegrating agents such as potato starch or alginic acid, and a lubricant such as stearic acid or magnesium stearate. Liquid preparations are prepared by dissolving the active ingredient in an aqueous or nonaqueous pharmaceutically acceptable solvent which may also contain suspending agents, sweetening agents, flavoring agents, and preservative agents as are known in the art.

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For parenteral administration the compounds may be dissolved in a physiologically acceptable pharmaceutical carrier and administered as either a solution or a suspension. Illustrative of suitable pharmaceutical carriers are water, saline, dextrose solutions, fructose solutions, ethanol, or oils of animal, vegetative, or synthetic origin. The pharmaceutical carrier may also contain preservatives, buffers, etc., as are known in the art.

When the compounds are being administered intrathecally, they may also be dissolved in cerebrospinal fluid as is known in the art.

The compounds of this invention can also be administered topically. This can be accomplished by simply preparing a solution of the compound to be administered, preferably using a solvent known to promote transdermal absorption such as ethanol or dimethyl sulfoxide (DMSO) with or without other excipients. Preferably topical administration will be accomplished using a patch either of the reservoir and porous membrane type or of a solid matrix variety.

Some suitable transdermal devices are described in U.S.

Pat. Nos. 3,742,951; 3,797,494; 3,996,934; and 4,031,894.

These devices generally contain a backing member which defines one of its face surfaces, an active agent permeable adhesive layer defining the other face surface and at least one reservoir containing the active agent interposed

between the face surfaces. Alternatively, the active agent may be contained in a plurality of microcapsules distributed throughout the permeable adhesive layer. In either case, the active agent is delivered continuously from the reservoir or microcapsules through a membrane into the

active agent permeable adhesive, which is in contact with the skin or mucosa of the recipient. If the active agent is absorbed through the skin, a controlled and predetermined flow of the active agent is administered to the

recipient. In the case of microcapsules, the encapsulating agent may also function as the membrane.

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In another device for transdermally administering the compounds in accordance with the present invention, the pharmaceutically active compound is contained in a matrix from which it is delivered in the desired gradual, constant and controlled rate. The matrix is permeable to the release of the compound through diffusion or microporous flow. The release is rate controlling. Such a system, which requires no membrane is described in U.S. Pat. No. 3,921,636. At least two types of release are possible in these systems. Release by diffusion occurs when the matrix is nonporous. The pharmaceutically effective compound dissolves in and diffuses through the matrix itself. Release by microporous flow occurs when the pharmaceutically effective compound is transported through a liquid phase in the pores of the matrix.

20

While the invention has been described in connection with specific embodiments thereof, it will be understood that it is capable of further modifications and this application is intended to cover any variations, uses, or adaptations of the invention following, in general, the principles of the invention and including such departures from the present disclosure as come within known or customary practice within the art. The compound can be formulated into pharmaceutical dosage forms using techniques well known in the art.

The compound may be admixed with any inert carrier and utilized in laboratory assays in order to determine the concentration of the compounds within the urine, serum, etc. 35 of the patient as is known in the art.

#### CLAIMS

- l. Use in the manufacture of a medicament for treatment of obsessive-compulsive disorders of a compound which is a 5-HT2 antagonist.
- 2. Use in the manufacture of a medicament according to  $10\ \text{claim}\ 1$  wherein the  $5\text{-HT}_2$  antagonist is a compound of the formula:

wherein n is 2, 3 or 4 and each R and R1 independently represents hydrogen, C1-6 alkyl, halogen, trifluoromethyl, hydroxy, C1-6 alkoxy, or amino, their optical isomers and 20 mixtures thereof and the pharmaceutically acceptable salts thereof.

3. Use in the manufacture of a medicament according to claim 2 wherein the  $5-\mathrm{HT}_2$  antagonist is  $(+)-\alpha-(2,3-\mathrm{dimethoxyphenyl})-1-[2-(4-\mathrm{fluorophenyl})\mathrm{ethyl}]-4-$  piperidinemethanol and the pharmaceutically acceptable acid addition salts thereof.

30

FIG.IA

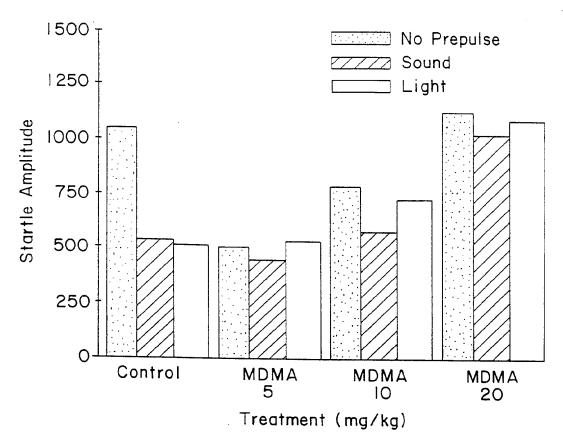


FIG. IB

FIG. IC

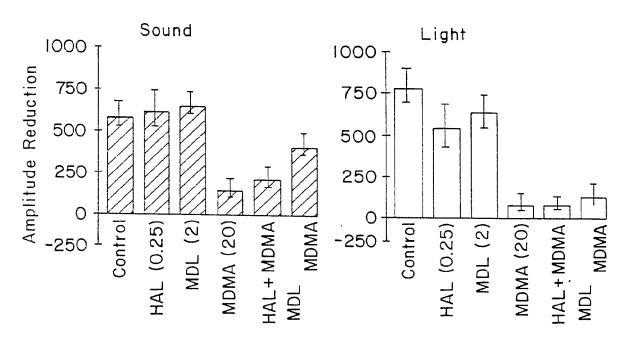


FIG.ID

FIG. IE

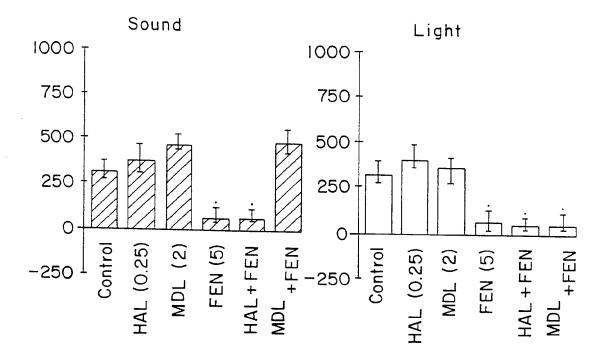
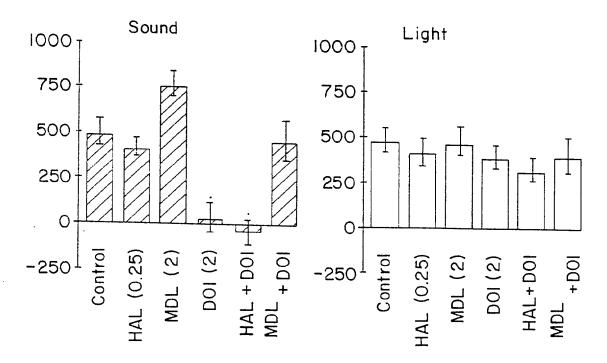


FIG.IF

FIG. IG



Intern .al Application No

INTERNATIONAL SEARCH REPORT PCT/US 95/01306 A. CLASSIFICATION OF SUBJECT MATTER IPC 6 A61K31/445 According to International Patent Classification (IPC) or to both national classification and IPC **B. FIELDS SEARCHED** Minimum documentation searched (classification system followed by classification symbols) IPC 6 **A61K** Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched Electronic data base consulted during the international search (name of data base and, where practical, search terms used) C. DOCUMENTS CONSIDERED TO BE RELEVANT Category ' Citation of document, with indication, where appropriate, of the relevant passages Relevant to claim No. X,P WO,A,94 14801 (SMITHKLINE BEECHAM PLC) 7 1 July 1994 see page 1, line 15 - line 20 X,P WO, A, 95 01976 (SMITHKLINE BEECHAM PLC) 19 1 January 1995 see page 1, line 10 - line 17 X,P WO, A, 95 00131 (CAMBRIDGE NEUROSCIENCE, 2,3 INCORPORATED) 5 January 1995 see page 16 see page 25, line 23 - page 26, line 12 Further documents are listed in the continuation of box C. X Patent family members are listed in annex. Special categories of cited documents: "T" later document published after the international filing date or priority date and not in conflict with the application but cited to understand the principle or theory underlying the document defining the general state of the art which is not considered to be of particular relevance invention earlier document but published on or after the international "X" document of particular relevance; the claimed invention cannot be considered novel or cannot be considered to filing date "L" document which may throw doubts on priority claim(s) or which is cited to establish the publication date of another citation or other special reason (as specified) involve an inventive step when the document is taken alone document of particular relevance; the claimed invention cannot be considered to involve an inventive step when the document is combined with one or more other such docudocument referring to an oral disclosure, use, exhibition or ments, such combination being obvious to a person skilled in the art. other means document published prior to the international filing date but later than the priority date claimed '&' document member of the same patent family Date of mailing of the international search report Date of the actual completion of the international search 0 6. 06. 95

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24 May 1995 Name and mailing address of the ISA

Authorized officer

Theuns, H

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|           | tion) DOCUMENTS CONSIDERED TO BE RELEVANT  |                       |
|-----------|--|-----------------------|
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information on patent family members

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